LANCASTER MEN'S HUB NEWSLETTER

LMH Lancaster Men's Hub
Wellbeing through doing

Registered Charity No.1196670.
Issue 40 October 2026

In Loving Memory of Tony Consadine

A valued member of Lancaster Men's Hub

It is with great sadness that we mourn the loss of Tony Consadine, following a long period of illness. Tony was a popular member of Lancaster Men's Hub. He was one of our original members and a regular at the Elevenses held on Friday mornings; he will be remembered with warmth and admiration by all who had the pleasure of knowing him. Tony moved to Lancaster from Coventry with a background in engineering and ran a market stall sellng hand-made soaps in North Lancashire and Cumbria for a number of years. Talking to Tony was always fascinating owing to his range of interests and hobbies. He was taken to the site of the Battle of Bosworth as a child and was bought a Ladybird Book of Heraldry. The interest it evoked stayed with him and Tony had a collection of over a thousand books on heraldry. He had a related interest in history, particularly historical fiction, and had a large collection of Bernard Cornwell's novels. Perhaps more surprisingly, Tony had an abiding interest in Speedway. He remained a supporter of his local Speedway team (the Coventry Bees) and once went on a holiday to watch Speedway in East Germany when it was still a communist state. Our thoughts are with Tony's family, friends and all who mourn his passing. He will be greatly missed by everyone at Lancaster Men's Hub; his erudition and companionship will not be forgotten. Rest in peace, Tony; thank you for all you gave, and for the difference you made..



Fairfield Playground Library

The workshop recently completed a fantastic project for Fairfield Community Association. The Association asked the workshop team to design and build a Childrens' Library, to be installed in their amazing playground. The library cabinet was built in the workshop and installed in its permanent spot in the playground off Sunnyside Lane. Opened by the Chair of the Association, Lynne Davies-Craine, the library is a great example of fruitful co-operation between Lancaster Men's'Hub and the wider community.





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Birthday Boy

Lancaster Men's Hub member Brian recently celebrated his 97th birthday at our Friday Elevenses event. Brian is a retired steam train driver, one of several that we have within the Hub. The photograph shows Brian receiving applause and congratulations from LMH members at Elevenses.

Always cheerful, Brian thanked everyone for their good wishes and the birthday card signed by members.





Anchors Away

Amongst its many group activities, LMH has a **Nautical Group** for people interested in boats and boaty things. The summer has flown by, but we managed to fit in a pilot trip out on a sailing boat just before the end of the season. LMH member Mark is shown at the helm on Windermere. It was a wet and murky day, but we still had a good time in spite of the weather. The plan is to use the experience gained from this pilot day to run a more extensive programme of sailing days in 2027. Over the winter, the Nautical Group will share nautical skills (such as ropework), nautical films and model boat making. Anyone interested in the Nautical Group should contact Chris Englefield through the website, or at Elevenses, now held at the Studio.

Lancaster Men's Hub Outreach

LMH has developed long-standing relationships with a large number of organisations and community groups in Lancaster and Morecambe. One such is with the **Lancaster Job Centre**, who have referred a number of new members to us. For several years now, we have supported the Job Centre's annual Wellbeing and Support Fair for jobseekers. Pictured below is LMH Trustee Chris Englefield in conversation with a potential new member.The Hub is also grateful to the **Skipton Building Society**, who recently made LMH one of the subjects of their drive to help local charities and presented us with a genrous donation which was much appreciated. As detailed elsewhere in this newsletter, the **Workshop** has been engaged with local community groups throughout its existence, producing bespoke products for use in the community, ranging from benches and gates to fairground equpment and bird boxes. The **Music Group** runs a weekly drop-in session which provides music and companionship for a wide range of people and goes out to play in residential and nursing homes as well as local community organisations.



Whilst the Hub has now moved its Elevenses to the Studio, it maintains its link with the **Cornerstone** on Sulyard Street, which encouraged the founding and develoment of LMH and has played a crucial role in its succesful expansion. It is a vital part of the work and purpose of Lancaster Men's Hub that they continue to work with and for the plethora of community groups, self-help groups and official organisations in Lancaster and Morecambe.

Come and meet Lancaster Men's Hub.

Every Friday the men (and women) of Lancaster Men's Hub meet for Elevenses, a free coffee and lunch drop-in at the Studio on Peter Street, behind St Thomas' Church off Marton Street. Come along for a coffee and a bite to eat, join in the chat and find out what is going on in the Hub; you 'll be very welcome.