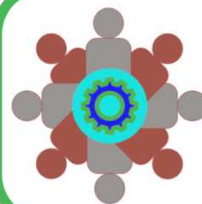


# LANCASTER MEN'S HUB NEWSLETTER



**LMH** Lancaster  
Men's Hub  
Wellbeing through doing

Registered Charity No.1196670.  
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## A New Beginning

It's a fresh beginning at Lancaster Men's Hub as a new board of trustees takes over at a critical point in the Hub's development. Thanks are due to David Mace, Nigel Appleton, and Keith Carman who have steered the organisation through the past twelve months, but are now handing over to a new set of trustees who are: **Mark Reynolds, Simon Stewart, Jim Needham, David Smith, Chris Englefield and Ian Lyon.** Richard Kenworthy retains the role of Finance Officer for the time being. It is a critical time for Lancaster Men's Hub because the membership has grown to 160 and the organisation is now based in three premises, with a wide variety of activities taking place. The recent grant from **Pots of Possibility** has ensured our immediate future financially, but we need to maintain the number of people who are able to put in the time and effort to keep these hugely worthwhile activities going. In the next few months the new trustees will be seeking the help of anyone with the commitment and energy to keep the Hub successfully on its upward trajectory.

## LMH Workshop

The workshop on Brook Street is fully operational and is attracting an increasing number of members to undertake projects, or simply pursue their own work.



The workshop has a major contract with Lancaster Swift City, for the provision of swift boxes that are part of the bid to make Lancaster into a key destination for migrating swifts. Anyone wanting information

about this project should contact Emma Bartlet through the workshop. The workshop is an expensive asset, and the work it is going to undertake as part of the Pots of Possibility bid monies will concentrate on the recycling and refurbishment of furniture and

materials. This will help to maintain the lease on the workshop, which is such an important part of LMH's offering, and also assist in the continued provision of the studio on Peter Street, which is another important area in which the Hub provides activities, companionship and support.

## Pots of Possibility

The good news this month is that Lancaster Men's Hub has won a share of the Pots of



Possibility funds administered by LCDVS on behalf of Closing Loops funded by the National Lottery Community Fund. The bid was put together by Richard Kenworthy, David

Smith, John Wood and Mark Reynolds with assistance from many other members of the Hub and was won by public vote after all the bids had been publicised, scrutinised and questioned by members of the public at Storey Institute on Saturday 8 November.



The amount awarded to Lancaster Men's Hub was almost £10,000 and this will go some way to ensuring the organisation's future and increasing the range of work the Hub can undertake, especially in the workshop where laser cutters and a 3D printer will enable an expansion in renovation and re-cycling work and on-going collaboration with other community projects. LMH would like to thank everyone who voted for us for their confidence in the work the Hub is doing and assure them that the money will be put to good use in the recycling and renovation work that will now continue to take place in the workshop on Brook Street and the studio on Peter Street.

## Christmas Tree Festival



Lancaster Men's Hub is once again participating in the annual Christmas Tree Festival held by Christchurch on Wyresdale Road. Last year's tree featured portraits of 60 members of the Hub but this year

we have decorated a smaller tree with miniature decorations cut from plywood in the workshop on a laser cutter and then enhanced or painted. These items will also be manufactured and sold at a series of Christmas Fairs and should provide either wooden ornaments or blanks that parents and children can adapt for their own Christmas trees.

## Going to the Fayre ....

Christmas is a very important time of year for LMH because we are able to sell items from the workshop at Christmas Fairs to raise money for the organisation. Fortunately, the Hub has **Janet**, who works tirelessly throughout the year to promote Lancaster Men's Hub and sell their products alongside her own expertly produced cards and craft items. This year there have been four fairs at Dallas Road Primary School, Scotforth School, Neuro-Dropin and the Cornerstone and Janet, alongside members of the workshop, have raised in excess of £300. Thanks are due to Janet and the rest of the team, who made and sold the items, for this useful sum.



## Our kitchen team

One of the first things Lancaster Men's Hub set up was the Friday morning drop-in called **Elevenes**, and this has continued as a regular meeting, often attracting as many as 40 members each week.

Refreshments are provided without charge, although donations are always welcome, and the kitchen is manned by teams led by **Clive and David**. The teams comprise John, Gareth, Bob (our oldest member) and recent recruit Binya.



## LMH Christmas Buffet

For the previous four years Lancaster men's hub has held a Christmas dinner in the Cornerstone, but this year it was decided that we would put on a social evening with a buffet and the music in the Studio. The buffet was held on the 16th of December and was attended by 40 members who enjoyed a relaxing evening of conversation, good food and music. The catering was provided by the members and their partners, and involved fresh turkey rolls, traditional trimmings and a selection of salads, accompaniments and desserts.



The music was provided by 'Cornerstone', who are the members of LMH who provide the Music Cafe in the Cornerstone and perform in venues around Lancaster and Morecambe. The three-hour event was a great success, and thanks are due to the organisers for their preparation and hard work; further social events in the Studio may now follow next year.

**Come and meet Lancaster Men's Hub.**

Every Friday the men (and women) of Lancaster Men's Hub meet for Elevenes, a free coffee and lunch drop-in at the Cornerstone on Sulyard Street. Come along for a coffee and a bite to eat, join in the chat and find out what is going on in the Hub;