

LANCASTER MEN'S HUB NEWSLETTER



Registered Charity No.1196670.
Issue 33 November 2024

Lancaster Culture Fair

LancasterbMen's Hub attended the Culture Fair organised by the Lancaster Integrated Care Commission [ICC] on Sunday 3 November. The event, which was held in the Banqueting Suite of the Town Hall, was to emphasise the multi-cultural nature



of Lancaster and its relationship to people from all the different cultures of the world.

The Hub was in attendance to demonstrate and publicise the contribution we make to this work. We were represented by David Mace, Nigel Appleton, Jim Needham, Mark Reynolds, Janet Entwistle and Jason ****, and event was a great success. Thanks are due to Sarah Baines, Chair of the ICC, for organising such an important event.

Try Painting

In January, the artist Roy Smith, who runs **Kings Street Arts** on King Street in Lancaster, will be giving a series of workshops in painting with acrylics at the Studio on

Peters Street. King Street Arts is an organisation that seeks to support artists and the public by creating activities,



workshops and exhibitions. Roy explains *"With a spotlight on the visual arts, in all its manifestations, our focus is to bring art and people together to*

celebrate the health, power and energy being creative can bring into our lives". The workshops will be held on a Thursday from 16 January and are free, although, as usual, donations from participants who can afford it will be welcome. Materials will be supplied, and no previous experience is necessary. Roy has already run a pilot course for the Hub, which was very enjoyable. If you would like to attend, further information can be obtained from Nigel Appleton.

Christmas at LMH

Christmas is going to be a very busy time for Lancaster Men's Hub. Every day there are regular events at the Studio where groups reflecting a wide variety in interests meet. People are welcome to drop in on these activities and either try them out or take a long-term interest. If you are interested in any of these activities, or want to start something new, just suggest it to one of the organisers at Elevenses on a Friday.

Other events over Christmas involving LMH are planned.

- 30 November Christmas Fair at the Cornerstone.
- 8 December Christmas Tree Festival at Christchurch. Music Group playing Sunday afternoon.
- 7 December Green Elephant Christmas Fair at Halton.
- 11 December Concert by Lancaster City Brass for the Hub. 7.30 pm Kings Community Church.
- 14 December Christmas Get-together. The Studio. Jacob's Join. 6.30 - 9 pm
- 18 December Workshop Dinner.
- 18/19 December Music at local residential homes.
- 20 December. Christmas lunch at the Cornerstone .
- 27 December Elevenses at Cornerstone. (Mince pies and coffee).

Brassed Off

On Wednesday 11 December the fabulous **Lancaster City Brass** are giving a Christmas Concert in support of Lancaster Men's Hub. The band, which has been in existence since 1947, have generously made LMH their charity of the year and all proceeds from the evening will be donated to Lancaster Men's Hub. The evening will comprise brass band favourites, music from popular films and shows and special Christmas numbers; it is sure to be really enjoyable. In order to maximise support for the band and the Hub it is important that as many members as possible support the concert, which will be held at **Kings Community Church**, Phoenix Street, LA1 1DD. Tickets are £10, and are available through lancastercitybrass.com; just click the **'Upcoming Events. Christmas Concert'** link on the website to be taken to ticket sales. There will also be tickets available on the door on the night of the concert, but why not make sure of your sea

Woodworking Show Visit

Three LMH members attended the North of England Woodworking Show in Harrogate on Saturday 16 November. Jim Needham, John Sugden and Chris Englefield spent the day visiting equipment manufacturers' stands, timber suppliers and demonstrations of woodwork, wood turning and even boat building; cake was also



consumed! It was a very good day trip for anyone interested in working with wood, and associated materials. Some ideas for crafting techniques new to LMH were collected and hopefully these will eventually be included in our offer. Our members also spent a pleasant time visiting the UK Men's Shed Association stand, chatting to their representatives.

Workshop Update

The Workshop has been very busy recently with a number of big projects. The team of John Wood, Ken Jones, Dave Sherington, David Smith, Jim Needham and Terry Regan have kept the workshop functioning and provided support and advice for the large number of members who drop in or have their own projects to make. In addition, they have produced beautifully crafted gates for Ms Caroline Hesketh, which were featured in the October issue, and a set of professional quality patio doors for Mrs Jessica Walker. These

LANCASTER CITY BRASS
CHARITY
Christmas
CONCERT
ALL PROCEEDS TO LANCASTER MEN'S HUB

FEATURING MUSIC FROM
HARRY POTTER SLADE BAND AID MARY POPPINS
AND OTHER FESTIVE FAVOURITES

WEDNESDAY 11TH DECEMBER 7:30PM

KINGS COMMUNITY CHURCH
PHOENIX ST, LANCASTER, LA1 1DD

TICKETS £10
AVAILABLE THROUGH LANCASTERCITYBRASS.COM



LMH activities.

projects not only demonstrate the skill and craftsmanship on offer in the workshop but also bring in much needed revenue for the Hub Thanks are particularly due to John Wood for his leadership and patience in his overview of this important part of

Come and meet Lancaster Men's Hub.

Every Friday the men (and women) of Lancaster Men's Hub meet for Elevenses, a free coffee and lunch drop-in at the Cornerstone on Sulyard Street. Come along for a coffee and a bite to eat and join in the chat. You can find out what is going on in the Hub like the **Workshop**, the **Photography Group**, the **Music Café**, **Quiet Elevenses** on a Monday, the **Gaming Group** the **Games Evening** and many more; you'll be very welcome.